

TACOMA ASSOCIATION
OF EDUCATIONAL
OFFICE PROFESSIONALS

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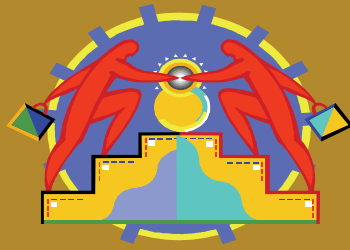
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TAEOP Connection

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Presidents' Message

Whew.....we made it through another start of the school year. I hope that all of you were able to take some much needed rest and relaxation this past summer. I went to Disneyland with the grand-children and had the absolute best time!

So here we are, learning new software, new programs, opening new buildings, making do with less, staff hour cuts, position cuts, flu epidemic scares, new contract language, and rumors of increases in health insurance costs and tightening the belt and much, much more.

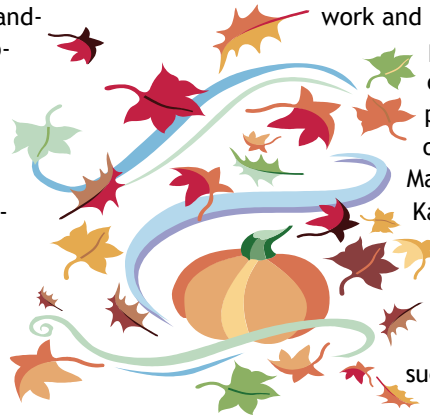
Tacoma Schools will be attempting to pass a levy to help keep the school district solvent. More information will be forthcoming on how we as staff members can help.

We would like to know your "good news", births, weddings, pats on the back, accomplishments, awards, anything that you would like to share, etc. We are so busy with our work and "bad news" we overlook the positives in our lives. By way of this newsletter, we will be publishing "Good News" for ourselves and our peers. Let Machel Salado (First Creek) or Karen Guillot (McCarver) know of your news to be shared.

As always, if you have any questions, concerns or issues, please do not hesitate to contact myself or any of the TAEOP board members. Their names and phone numbers are listed on the left hand side of this newsletter.

I wish you a great school year!

Carol Lowenstein



Think Pink!

October is Breast Cancer Awareness month and you need to do all you can to protect yourself from breast cancer.



awareness

Follow the recommended schedule of breast-care screenings. If you are at a higher than average risk for breast cancer, ask your doctor about additional screenings.

Also, discuss any lifestyle changes you can make to help prevent the disease including limiting your alcohol intake, losing weight and exercising.

All women can get breast cancer—even those with no family history of the disease. Learn about breast cancer and take control of your breast health by following the guidelines of the American Cancer Society:

Age 40 and Over:
Mammogram & clinical
breast exam yearly

Age 20s and 30s
Clinical breast exam about
every 3 years

Starting in 20s
Choose whether or how often to do
breast self exams

Westside ESP Issues Conference

WEA/ESP Issues Conference

Attention Westside councils: ESP members will have the opportunity to attend one of two ESP Issues Conferences this year...one on the westside and one on the eastside.

The first will be offered on Saturday, November 14, at McKnight Middle School in Renton. Registration is only \$20. Hotel and mileage is paid for members living more than 75 miles from the conference site!

We encourage ESP members to attend this conference. The registration deadline is October 30th. Members with e-mail addresses on file with WEA will receive online registration instructions. The flyer

can be used for any ESP members who wishes to attend and who do not register online.

You can access the flyer on the WEA website. The web address is as follows:

[www.washingtonea.org/
support_professionals.html](http://www.washingtonea.org/support_professionals.html)

If you have any questions, please contact:

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October General Meeting

On October 20 TAEOP and TAPSPTTE held a joint meeting at the new First Creek Middle School from 4:30-6:30 pm.



The meeting was a forum format with the bargaining team members, TAEOP and TAPSPTTE board members, Darrick Hartman (TEA President) and Christi McCorkle (TEA Uniserv).

The object of the meeting was answer **YOUR QUESTIONS** and address **YOUR CONCERNS**. Members that

attended enjoyed free pizza, bottled water and cookies and brought many questions and concerns (overtime-comp time, PEP hours, additional work, etc.) to discuss.

Also, Machel Salado took us on a tour of the new First Creek building. Many raved over the size of the school and the spaciousness of the offices. We thank First Creek Middle School for hosting our first meeting!

Member Good News!

In the first segment of our "Member Good News" category, we are congratulating Kathy Doss who is expecting her third child (a boy) in January!



Kathy is TAEOP's second Vice President and works in the Public Information Office at CAB.

Kathy and her husband already have a daughter and son and both siblings are

excited to welcome their new baby brother into the family!

Kathy not only is on the TAEOP board but also attends night school working on her Master's Degree.

Please contact Kathy and give her your congratulations and best wishes!

Save the Date!

Mark your calendars for these upcoming holidays, events, deadlines, meetings and activities:

October 31: Halloween

November 1: Fall Back! Set clocks back 1 hour

November 3rd: Election Day—Remember to vote!

November 7: WAEOP Professional Development Day in Bellevue (Robinson High School): Protecting your Future—How Does my Credit Score Affect my Future Financial Goals—9:00 am to Noon

November 11: Veteran’s Day—No School

November 14th: Westside ESP Issues Conference @ Renton’s McKnight Middle School

November 26: Thanksgiving Day

December 11: Hanukkah

December 25: Christmas

January 1: New Years Day

January 15: NAEOP PSP Deadline



Don't miss out on any of these great events

Get Fit for Life!

Regular physical activity is a must for good health. Exercise reduces the risk of multiple diseases, including several types of cancer. It also strengthens bones and joints, helps lower blood pressure, boosts immunity, improves sleep and more.

The Sound Partnership’s wellness focus for the fall is “Live & Learn.” Points that you accumulate this season will carry over to the next sea-

son. For example, if you earn 3,000 points for “Live & Learn”, you’ll start with those points in the next season.

You can earn points by exercising, donating blood, or by knowing your blood pressure. Check out the Benefits page on the district website and either register or login to start accumulating points!

“Attend the Sound Partnership Benefits Fair on November 19 from 3-6 pm at PDC!”

2009 NAEOP Conference Highlights

A few members of TAEOP attended the 2009 NAEOP Conference in Bloomington, MN. NAEOP celebrated it’s 75th anniversary with a special presentation at the flag ceremony highlighting NAEOP’s 75 years of history with many of the past presidents in attendance.

There were great briefings, wonderful vendors, raffles, great keynote speakers, fantastic food, informative institute sessions and the Installation Banquet with Pam Posey from Mississippi being installed as the 2009-10 NAEOP President. Her theme for the year is: “Shining Brightly—Touching Lives Around the World” with the lighthouse as her logo.

Washington did very well in the awards portion of the conference. Here is the breakdown of what Washington achieved:

- * Tacoma AEOP—2nd Place—Newsletter Local, Category 2 (101 members or more)
- * Washington AEOP—3rd Place—Newsletter State, Category 2 (301 members or more)
- * Bellevue AEOP—3rd Place—Website Skilled
- * Washington AEOP—1st Place—Louise Henderson Nelson (Outstanding State Affiliate)
- * Yakima Valley AEOP—1st Place—Louise Henderson Nelson (Outstanding Local Affiliate)
- * Washington—1st Place—State Affiliate w/ Largest NAEOP Membership
- * Janice Schumann—WA—1st Place—Member Recruiter

As you can see, there was lots of information, service, recognition and fellowship! Make your plans now to attend the 2010 NAEOP Conference in Kansas City, MO which will be held the week of July 5-9, 2010!

- * Bellevue AEOP—2nd Place—Newsletter Local, Category 1 (100 members or less)

